



**EUROPEAN
SOLIDARITY
CORPS**

Project: “Orchard in permaculture and Theater”

Infopack for participants ESC in the Ecohousing of Valdepiélagos. Madrid
2019-20

Asociación Cultural Teatro Sol y Tierra



Dear friends, we welcome you to the ESC volunteering organized by the Cultural Association Teatro Sol y Tierra

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1. PROJECT INFORMATION

The project will be held from October 2019 to March 2020. Teatro Sol y Tierra is based in Ecohousing of Valdepiélagos, where 30 families with independent economies live.

We will prepare and represent various theatrical scenes for the people of the town and we will maintain the garden of the Association.

We will also do nonviolent communication and Spanish workshops.

2 LOCATION

Valdepiélagos is a small population of 300 inhabitants 45 kilometers from the city of Madrid.

Address : Calle Ecoaldea, 1. Valdepiélagos.

Tel. +34 918416945 y +34 659024510

3. TRAVEL

For the reimbursements of the trips we will need:

-All the receipts of the trip.

- Boarding of flights.

All this can be sent as an attachment by email.

The maximum amount to pay per round trip is the 275 E for Italy and 360 E for Denmark.

BUSES

If you come by bus from Madrid:

You must take the Metro from the Airport to the Plaza Castilla Metro station . There is a passage that connects the Metro with the underground bus station.

Metro map

<https://www.planometromadrid.org/mapas-metro/plano-metro-madrid-2018-01.png>

You must take the bus 197 with the end in Torrelaguna-Uceda, but use only those that pass through Valdepiélagos, its schedule from Monday to Friday is 7:20, 14:30, 16:00 and 20:00 hours.

Timetable bus

<https://www.redtransporte.com/madrid/autobuses-interurbanos/197-madrid-torrelaguna-uceda.html>

You have to go up to the -1 floor and look for dock 30. The ticket price is 5'20 Euros and the driver is paid. It is necessary to carry small money they do not change big bills. It is necessary to warn him to open the trunk to place the luggage. The bus takes about 65 minutes, the previous town is Talamanca. If you sit in the front you can ask the driver to let you know when you arrive.

The stop in the town is in the Plaza next to the Town Hall, you can search on Google map how to get from Ayuntamiento de Valdepiélagos to Calle Ecoaldea, 1. In the town everyone knows the neighborhood by La Ecoaldea, we are 10 minutes walk from the stop.

Take the downhill street, Tentetieso, between the Town Hall (building with flags) and the supermarket (Autoservicio Araceli), after 100 meters take the right on Sargalillo street, 300 meters on the left the road to La ecoaldea, where there are garbage containers. Take Camino a Uceda, you are 200 meters away, at that point you will see the houses.

If you notify us of the departure time of your bus, we can pick you up at the Valdepiélagos stop.

4. ACCOMMODATION

The participants will stay in a house of the Ecovillage, in single rooms

Please bring your towel and ecological shampoo and toiletries.
The arrival is at house number 1 and there we will accommodate you, ask for Victor Torre



5. FOOD AND POCKET MONEY

The volunteers will make lunch and dinner with the tutors, with vegan-vegetarian diet. The Association takes care of meals and accommodation. Each volunteer will receive 150 E per month of pocket money.

6. OTHER PRACTICAL DETAILS

We have also left an open space in the workshop to be fulfilled with the proposals of the participants.

In the house we have Wifi

Photographs and videos for the dissemination of the project in Social Networks are important for the ESC Program, to make it visible and help other people to learn about this project.

If you want to do meditation or yoga, talk with the Organization.

If you are interested in learning about the administrative tasks of the ESC o ERASMUS + program, let us know.

For more information about ESC going to https://europa.eu/youth/solidarity_en

About Youthpass <https://www.youthpass.eu/es/login/>

7. WHAT TO BRING

Smiles , open mind and willingness to participate

- **European sanitary card.**
- Swimsuit , cap and sun cream .
- Musical instruments, board games and other entertainment (Optional)
- Some simple product from your country for the thematic night (Optional)
- Passport
- A notebook to take note of the learning
- A laptop will be very useful for you.

8. OTHERS

In this project will be, 4 volunteers, two Danish boys, a Danish girl and an Italian boy.

It is possible that the volunteers make friends with some young people in the town and do some activity together, such as going to concerts.

There are several excursions between one and two hours walking around the Ecohousing.

The organization has several bicycles.

In the large hall, there is an area with cushions (The Corner of the volunteers) where you can watch movies, play the guitar or read.

At the end of October you will coincide with a group of 25 young people who come to receive training to do international projects with theater.

In the town ten minutes walking there are two supermarkets, pharmacy, hairdresser and coffee shops, where you can live with the people of the village, in general they are open.

From Madrid city an hour by bus there are several places with monuments to visit on weekends; Segovia, Toledo, Avila, Salamanca, El Escorial and Aranjuez.

In Madrid City, there are several recommended sites to visit, El Retiro Park, El Rastro (famous Market, only Sundays), Tabakalera (occupied space for free exhibitions and concerts), Lavapiés (intercultural neighborhood), Huertas Street (youth pubs area), Chueca (Gay Zone).

As. Cultural Teatro Sol y Tierra

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<http://www.solytierra.com/>